



Ultimate Chore *chicklist*

WEEK OF

DAILY	DAY	NAME	✓
Hang up any jackets, backpacks, bags			
Wash & put away dishes			
Remove garbage, compost & recycling			
Wipe countertops and stove surface			
Clean up any spills & vacuum/sweep floors			
Return items to their proper place			
WEEKLY	DAY	NAME	✓
Wash, fold, and put away laundry			
Clean bathrooms			
File, sort, and recycle mail			
Dust all surfaces			
Mop all floors			
Clean and sort the refrigerator			
Wipe down kitchen appliances			
MONTHLY	DAY	NAME	✓
Clean furniture, including mattress pads			
Clean interior of oven			
Wipe down baseboards, trim & window sills			
Clean windows & doors			
Dust ceiling fan blades & light fixtures			
SEASONAL	DAY	NAME	✓
Sort & reorganize closets & dressers			
Deep clean refrigerator, freezer, & pantry			
Clean window treatments and screens			
Shampoo carpets			
Sort & reorganize garage, basement & attic			

